



Map of Regions

Map of Lefkada with trail regions used
in this book. In addition, the Lefkada
Trail runs through all these regions

Trail List

Region	km	Ascent (m)	Grade
Agios Nikitas to Mylos Beach			
North	1.5	100	Easy (but steep)
Early Churches Walk			
North	5	200	Easy
Katouna Valley and Forest Loop			
North	6	300	Moderate
Lefkada Trail – Day 1: Lefkada Town to Nikiana			
North	14.5	480	Moderate
Melissa Gorge Loop			
North	8	300	Moderate
Eglouvi to Agios Donatos and the Lentil Fields Loop			
Central	6.8	365	Moderate
Eglouvi to Karya Monopati Traverse			
Central	4.4	200	Easy
Eglouvi to Katharia Rachi (A4)			
Central	6	500	Difficult
Eglouvi to Profitis Ilias Loop			
Central	10.7	560	Difficult
Eglouvi to Psili Rachi (A5)			
Central	5.5	500	Moderate

Karya to Profitis Ilias (M4)			
Central	5	500	Moderate
Lefkada All-Thousand-Metre-Peaks Challenge			
Central	23.3	1345	Difficult
Lefkada Trail – Day 3: Karya to Eglouvi			
Central	6.5	560	Moderate
Lefkada Trail – Day 4: Eglouvi to Agios Ilias			
Central	15.5	930	Difficult
Mount Elati Five Peak Loop			
Central	3.5	200	Easy
Stavrotas (from road above Agios Ilias)			
Central	1.5	220	Difficult
Stavrotas (from road above Eglouvi)			
Central	4	250	Difficult
Alexandros Three Villages Loop			
East	3	200	Easy
Kolyvata to Skaros Forest Loop			
East	7	400	Moderate
Lefkada Trail – Day 2: Nikiana to Karya			
East	13	870	Difficult
Nidri – Dimosari Waterfall – Neochori Loop			
East	7	300	Moderate
Red Church – Skaros – Kolyvata Loop			
East	11	440	Moderate
Skaros Mountain from Nikiana Loop			
East	11	600	Difficult
Vafkeri Lower Loop			
East	8.75	630	Moderate
Athani Loop			
South	9	400	Moderate

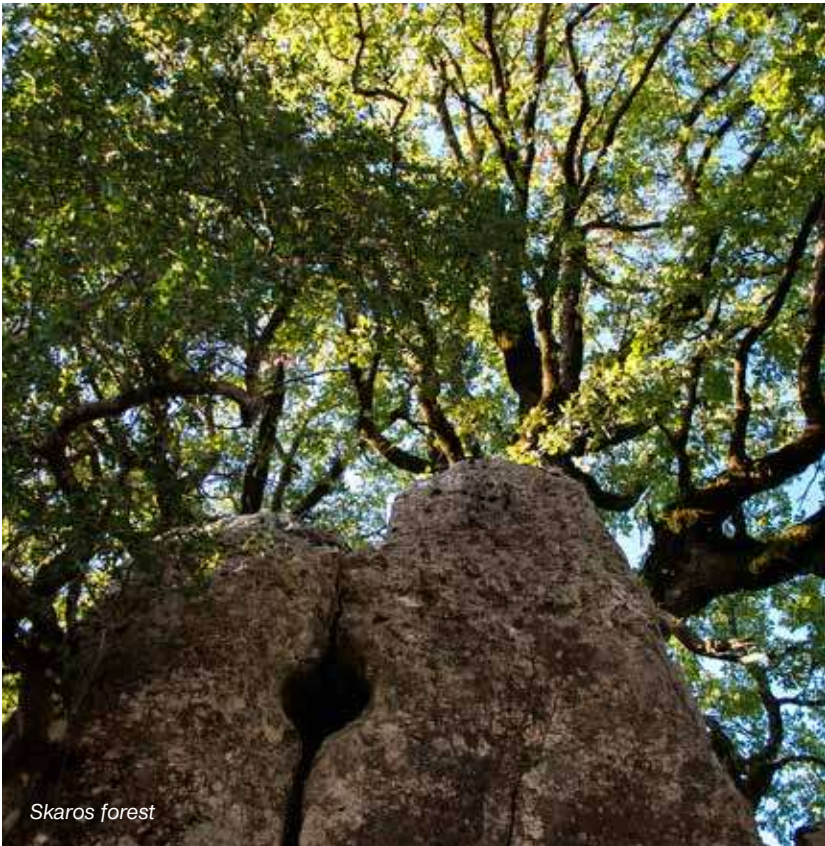
Dessimi to Poros Cape Loop			
South	7.5	300	Moderate
Klousouria Gorge Loop from Agios Ilias			
South	4.8	280	Moderate
Kontarena and Vasiliki Loop			
South	8	300	Easy
Lefkada Trail – Day 5: Agios Ilias to Agios Petros			
South	10.5	525	Moderate
Lefkada Trail – Day 6: Agios Petros to Cape Doukato			
South	20	570	Moderate
Syros Springs Pathway			
South	8	300	Moderate
Syros to Ancient Temple and Agios Ioannis Monastery			
South	3.5	150	Easy
Vasiliki – Roupakias Valley Loop			
South	12.5	360	Moderate
Vournikas around Lainaki Loop			
South	8	400	Difficult
Kalamos to Agia Paraskevi			
Islands	8	400	Easy
Meganisi Mountain and Beach Loop			
Islands	13.5	550	Moderate

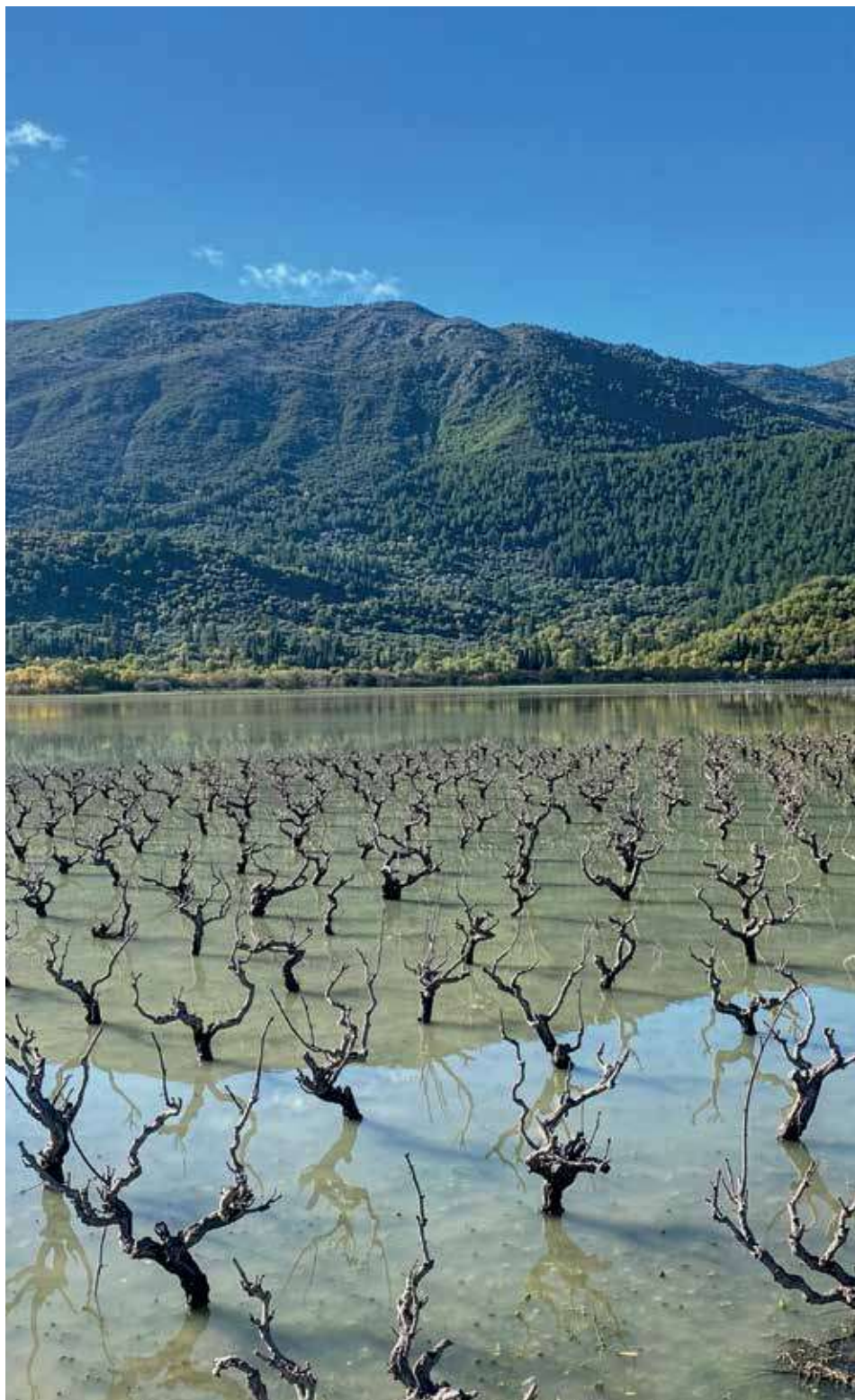
The “grade” is not comparable with trail ratings in the alps or other areas – rather it is scaled to typical walkers on Lefkada – not alpine:

- **Easy** can generally be done by anyone and makes a good morning or evening stroll.

- **Moderate** are longer or have long uphill sections.
- **Difficult** are either much longer or have significant steep or very rough ground.

The grading is based on our assessment when we did the walk. Only you can decide if a route is suitable for you and members of your party. We also give the lengths and total metres climbed so you can judge how long the trail will take – depending on your typical pace.





Hiking on Lefkada

Lefkada is an island in the Ionian Sea off the west coast of Greece north of Kefalonia and south of Corfu. It is already well known for great sailing, windsurfing and beaches – but it also has many fantastic mountains, ravines and forests.

This book contains trails for you to explore peaceful Lefkada. There is the long-distance Lefkada Trail, or a selection of stand-alone day walks and loops. This second edition of the book contains seven all new trails.

As most guidebooks warn, the English spellings of Greek names vary a lot. We aim to be consistent in our text, but external maps and bus routes are often different, and on occasion we think it clearer to match those. If it sounds the same it probably is.

We recommend you walk using both the description and maps in this book and copying the companion GPX to a GPS app on your phone or GPS device.

Tell us about your walk on Instagram @lefkadatrails or on Facebook. There you will find an active community that gives tips and amendments on hiking in Lefkada. Join in the discussions.

*The polje below Karya part
floods in winter as there is no
way out for streams*