

Table of Contents

Map of Regions	9
Trail List	10
Hiking on Lefkada	15
Mountain Villages	16
Karya	17
Eglouvi	19
Alexandros – Kolyvata	22
Syvros – Vournikas	24
Coastal Towns and Nearby Islands	26
Lefkada Town	27
Nidri	28
Nikiana	29
Vasiliki	31
Meganisi	32
Kalamos	33
When to Walk	34
Getting to Lefkada	37
Getting Around Lefkada	41
Using the GPX links to find your way	46
The Lefkada Trail	51
Day 1 Lefkada Town to Nikiana	55

Day 2 Nikiana to Karya	61
Day 3 Karya to Eglouvi	67
Day 4 Eglouvi to Agios Ilias	73
Day 5 Agios Ilias to Agios Petros	79
Day 6 Agios Petros to Cape Doukato	83
Northern Lefkada	89
Agios Nikitas to Mylos Beach	91
Early churches walk	93
Katouna valley and forest loop	99
Melissa Gorge loop	103
East Coast of Lefkada	109
Alexandros three villages loop	111
Kolyvata to Skaros forest loop	115
Nidri – Dimosari waterfall – Neochori loop	119
Red Church – Skaros – Kolyvata loop	123
Skaros mountain from Nikiana loop	129
Vafkeri lower loop	133
Central Mountains	137
Eglouvi to Agios Donatos and the lentil fields loop	139
Eglouvi to Karya monopati traverse	145
Eglouvi to Katharia Rachi (A4)	147
Eglouvi to Profitis Ilias Loop	151
Eglouvi to Psili Rachi (A5)	155
Karya to Profitis Ilias (M4)	157
Lefkada all-thousand-metre-peaks challenge	167
Mount Elati five peak loop	169
Stavrotas from road above Agios Ilias	175
Stavrotas from road above Eglouvi	179
South Lefkada	183

Athani loop _____	185
Dessimi to Poros Cape loop _____	187
Kontarena and Vasiliki loop _____	191
Klousouria Gorge loop from Agios Ilias _____	195
Syvros springs pathway _____	199
Syvros to ancient temple & Agios Ioannis _____	205
Vasiliki – Roupakias valley loop _____	209
Vournikas around Lainaki loop _____	215
Islands _____	219
Kalamos to Agia Paraskevi _____	221
Meganisi mountain and beach loop _____	225
Background Information _____	233
Safety _____	235
Maps and GPS _____	238